



# Nottinghamshire County Sailing Club Open meeting Sailing Instructions

## 1. RULES

1.1 The regatta will be governed by 'the rules' as defined in the Racing Rules of Sailing 2009-2012.

1.2 The rules of Nottinghamshire County Sailing Club will apply unless changed by these Sailing Instructions.

1.3 All competitors are required to compete in compliance with the RYA Racing Charter.

## 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the notice board outside the Race Office.

## 3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the notice board outside the Race Office more than 1 hour before the start of scheduled racing on the day it will take effect.

## 4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed near the Race Office.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in race signal AP.

## 5. SCHEDULE OF RACES

5.1 The schedule of races and number of races to qualify for an event will be published in the Notice of Race.

5.2 Extra race's may be sailed on any day, provided that no class becomes more than one race ahead of schedule.

5.3 On the last day of an event no warning signal will be made after 1600 hours.

## 6. FLAGS

Class Flags to be used will be posted on the Race Office.

## 7. RACE AREA

The race area includes the whole lake, with the exception of the gap between Tern Island and the main shore (see map displayed near race office). Any boat sailing in this area may be disqualified.

## 8. COURSE

8.1 The Course will be displayed on the committee boat on a course board, which will display the number of laps, and the order and direction marks are to be

rounded.

#### Course Continued---

Number or letter of mark on a RED background indicates the mark is to be rounded to PORT

Number or letter of mark on a GREEN background indicates the mark is to be rounded to STARBOARD.

Letter G indicates GATE (when displayed, the gate is a mark of the course and boats must pass through the gate on the windward leg of each lap).

Number on BLACK background indicates the number of LAPS.

8.2 The Race Officer may change the course before the warning signal by breaking out flag L and displaying the new course.

### **9. MARKS**

9.1 Marks are numbered 1 to 10 clockwise around the lake, being alternately yellow and orange.

9.2 Additional marks A, W and X may be positioned at any location on the lake.

9.3 Mark W will be a large orange inflatable mark.

9.4 The inner and outer distance marks will be yellow buoys.

9.5 The Gate if part of the course will be the start Line, the outer distance mark a port mark and the inner distance mark a starboard mark.

9.6 Mark 5 will consist of two buoys which must be rounded in the same direction.

### **10. THE START**

10.1 The race will be started by using Rule 26.

10.2 The starting line will be between a staff displaying an orange shape on the Committee Boat and a yellow Outer Distance mark.

10.3 An Inner Distance Mark may be used. If used any boat passing between the Inner Distance mark and the Committee Boat will be deemed NOT to have started till she re rounds the Committee Boat or Outer Distance mark and passes between the Inner and Outer Distance marks.

10.4 Boats whose warning signal has not been made must keep clear of the starting area.

10.5 In the event of a General Recall the recalled fleet will go to the back of the starting sequence.

### **11. CHANGE OF THE POSITION OF THE NEXT MARK**

11.1 To change the position of the next mark, the Race Committee will move the original mark to a new position. The change will be signalled before the leading boat has begun the leg, although the mark may not yet be in the new position.

### **12. THE FINISH**

12.1 The Finish line will be the start line or between a staff on the Committee boat displaying an orange shape or a boat displaying a blue flag and the nearest mark of the course.

12.2 In handicap racing, a blue flag will signify that the finish line is open and boats will finish when next passing through the finish line.

If more than one Race or Class has been started the Class Flags of the Class or Classes to be finished will be flown along with the Blue Flag.

12.3 SIGNING OFF . Signing off is only required if you fail to finish the race or retire from the race.

### **13. TIME LIMITS**

13.1 If no boat has completed the first lap within an hour, the race will be abandoned.

13.2 Class boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35.

13.3 In handicap races the finish line will be opened for a maximum of 45 minutes after the first boat to be finished. (each start being classed as a separate race). Any boat failing to finish within the time limit will be scored Did Not Finish. This changes rule 35.

### **14. PROTESTS AND REQUESTS FOR REDRESS**

14.1 Protest forms are available at the Race Office and shall be submitted there.

14.2 For each class. Protest can only be lodged up to 30 minutes after the last boat has finished the last race of the day. A completed protest form must then delivered to the Race Office not later than 30 minutes of the protesting boat reaching the shore.

14.3 Notices will be posted giving 30 minutes notice of the time of the protest hearing to inform all parties and witnesses. The protest hearing will normally be held in the Race Office.

14.4 On the last day of racing any request to re-open a hearing shall be made within 30 minutes of the party requesting the re-opening being informed of the protest committee decision. This changes rule 66.

14.5 The Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedure will be available. For these purposes an Exoneration Penalty of 20% shall apply although the final position of a penalised boat shall be no worse than if she had retired. At an informal hearing rules 61.2, 63.5, 63.6 of the Racing Rules of sailing 2009-2012 shall not apply.

### **15. PROPULSION**

Rule 67 will apply. Any boat that has broken rule 42 may be penalised by the Protest Committee without a hearing, provided that the incident was seen by a member of the Protest Committee, a designated observer or the Race Officer. This amends RRS 67.

## **16. Penalty**

Rule 44.1 Taking a Penalty and  
Rule 44.2 Two-Turns Penalty will apply  
20% Exoneration Penalty see 14.5 above

## **17. SCORING**

17.1 The Low Point scoring system of Appendix A will apply.

## **18. SAFETY REGULATIONS**

18.1 Helms and Crews intending to race shall complete an entry form and pay the appropriate fee.

18.2 Competitors shall wear adequate personal buoyancy, except adult (over 18 years) windsurfers, correctly wearing a torso or full body wet suit. The boat of a competitor breaking this Sailing Instruction will be disqualified without a hearing. This changes RRS 40 and 63.1.

## **19. REPLACEMENT OF CREW OR EQUIPMENT**

All boats shall compete under their registered sail number. Requests for substitution of sail numbers shall be made to the Race Officer. This changes RRS 77.

## **20. HANDICAP RACING**

The PYN currently issued by the RYA will be used when calculating results.

## **21. MEMBERSHIP OF CLASS ASSOCIATIONS**

Membership of a Class Association is not a requirement to take part in Handicap Racing. However Rule 87 if the Racing Rules of Sailing 2009-2012 will apply.

## **22. EQUIPMENT OR MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with class rules and sailing instructions.

## **23. MEMBERSHIP**

All visitors attending Open Meetings shall become temporary members of N.C.S.C. for the duration of the meeting and shall be bound by the rules of the Club.

## **24. DISCLAIMER OF LIABILITY**

Competitors compete in the racing entirely at their own risk (RRS rule 4). The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the races.

## **25. INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000.

December 2009.                      John Allen    Sailing Secretary.