Notts County Sailing Club   Tuesday Evening Fun H'cap series 2025 Race Instructions

Course
Set a short simple course. Use the moveable marks A, T and X to create short legs.
Display using course board on committee boat.

Start Times
   Race 1 scheduled for 19.00
   2nd race   Start after everyone has finished Race 1 (Back to back with Race 1).

Start & Flag sequence

Time	Flags UP	Flag Image	Flags DOWN	Start
-6 min	Handicap warning (H)			
-3 min	Preparatory flag (P)			
0 min				Handicap

   All flag signals accompanied by one sound signal.

Entries
Entrants are required to sign on legibly for both races using the paper signing on sheet posted by the race team on the desk outside the Race Office.
Please record all sail numbers of boats racing on the race results sheet (See below).
Please ensure Juniors include date of birth on the signing-on sheet.

Individual recall
If those over the line can be identified, X flag up with one extra sound signal. Lower X flag when recalled boats have returned and re-crossed the start line, or after 2 minutes.

General recall
If too many are over the line to identify them, put general recall flag up with two sound signals.
Send a Safety boat to ask competitors to return to the start. Once they have realized there is a general recall, start the whole sequence again.

During the race   Record each boat through the gate on each lap

Race Duration   20-30 minutes per race.

Notts County Sailing Club   Tuesday Evening Fun H'cap series 2025 Race Instructions

Finish – Shorten Course
If boats have not completed the number of laps displayed on the course board, shorten the course by raising the shorten course flag (S) when the first boat you want to finish is approaching the finish line with two sound signals.
Every boat which crosses the finish line is a finisher. Give each finishing boat a short hoot on the horn.
Boats or boards that are judged to require excessive time to complete the course and are clearly going to be well down in the results may be finished by a power boat on the water flying flag W. The competitors who are hailed from the power boat can accept the back marker places, ie last, next to last etc if there are several of them. This procedure is designed to assist Novice sailors.

Record the number of laps and the finishing time of each boat.

Results
Signing on sheets and raw result sheets showing recorded times against sail numbers should be photographed and sent by email to the series Results Coordinator at lindsay.ogden@ntlworld.com. Contact details are on the notice board in the Race Office. The Race Officer should file the original sheets in the Tuesday evening Results box file in the Race Office. The Coordinator will calculate and publish the race results.

Coaching
Experienced sailors are permitted to offer advice to Novices during the races to assist when they are seen to be in need of help. Continuous coaching to give a racing advantage is not permitted. This changes RRS 41.

Notts County Sailing Club
Signing on Sheet

Date		Race Officer	

Series		Race Number	

Please state date of birth if under 19 on 31st December 2025

Class	Sail Number	Helm	Crew	DoB (if under 19)	Novice

Race Sheet - **please photograph & send to** lindsay.ogden@ntlworld.com . File originals in Box file in Race Office

Date		Series & Race number (ie 1 or 2)		Enter position each lap						Start Time ……………:…….....
Class	**Sail no.**	**Helm** *(if known)*	**Crew** *(if amended)*	**1**	**2**	**3**	**4**	**5**	**6**	**Finish time**

Race Officer:.…………………………………………… Date…………………………   Ver 2025_1

Notts County Sailing Club   Tuesday Evening Fun H'cap series 2025 Race Instructions

Alternative RYA method for recording results in handicap races.

One of the most difficult tasks on the committee boat is to time and record the finishers. Unlike the start, you do not get a second chance if anything goes wrong. Many teams record the boats as they go though the line on their first lap, then tick them off on subsequent laps and then add times against them as they finish. The problem is with this method is that on the final lap boats are not in the same order as they were on the first lap, so the recorder has to find each boat on the recording sheet and then add the time. This works fine for a small fleet or class races but does not work well in large handicap fleets because it takes too long to find the boat on the list.

The suggested method is to record each boat in order as they come though the line on lap 1, then when the leading boat begins their second lap, begin a new column and to write boats down in order. If there are some boats still completing lap 1 when the first boats complete lap 2, they still go in lap 2 column.

Date _____   Race number: _____   Start time: _____

Lap 1 Sail No.	Lap 1 Time *Optional*		Lap 2 Sail No.	Lap Time *Optional*		Lap 3 Sail No.	Lap Time *Optional*
1289			1477			1477	
1477			1289			1663	
1663			2044			1289	
2226			1663			2226	
			2226			2044	

When the finishing sequence starts, begin a new column, or even better a new sheet, and write down the boats in the order they come though the line and their finish time. If they are too close together to get all times, write down the boat numbers and just get as many times as you can, especially the first and last of a bunch. The missing times can be extracted later from the 'Log' on the Race Timer, or interpolated.

Date: _____   Race number: _____   Start time: _____

Finish Sail No.	Finish Time	No. Laps		Finish Sail No.	Finish Time	No. Laps
2044	48.15					
1477	50.51					
1663	50.57					
2226						
1289	50.59					

You can check the number of laps by referring back to the lap recording chart. In this example 2044 did one less lap than the other four boats.

The time for 2226 was missed but can be estimated and inserted as 50.58. Or, if less straightforward, each push of the Finish button on the timer stores the time, and these can be seen after the race by pushing the Log button. The last race appears first, and subsequent pushes bring up previous races. Use the '+' '-' buttons to scroll through the times recorded, and as long as the boat finishing order is known and each boat is given a horn, then the times can be correlated to the boats.

This lap recording method is much easier for handicap races and when there are a lot of boats. It also works well when there are class races too. The boats can be sorted into fleets after the race has finished.

Notts County Sailing Club Tuesday Evening Fun H'cap series 2025 Race Instructions

Date: _____   Race number: _____   Start time: _____

Lap 1 Sail No.	Lap 1 Time *Optional*		Lap 2 Sail No.	Lap Time *Optional*		Lap 3 Sail No.	Lap Time *Optional*
Lap 1 Sail No.	Lap 1 Time *Optional*		Lap 2 Sail No.	Lap Time *Optional*		Lap 3 Sail No.	Lap Time *Optional*

Notts County Sailing Club   Tuesday Evening Fun H'cap series 2025 Race Instructions

Lap 4 Sail No.	Lap Time *Optional*		Lap 5 Sail No.	Lap Time *Optional*		Finish Sail number	Finish Time	No. Laps sailed

Retired: _____ OCS: _____
_____   _____
BFD:_____