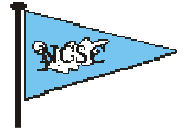


# **Notts County Sailing Club**

## **Sailing Instructions for club series 2025**



### **1. SCOPE OF GENERAL INSTRUCTIONS**

- 1.1. Sections 1 - 21 apply to all Club racing series. Instructions which are specific to each series are in subsequent sections.

### **2. RULES**

- 2.1. All club sailing at Nottinghamshire County Sailing Club, NCSC, will be governed by the rules as defined in the current Racing Rules of Sailing (RRS) 2025-2028, the RYA Anti-doping rules (Articles 1-3) and the principles and practices of the RYA Racing Charter.
- 2.2. The UKWA National Rules will apply for windsurfers.

### **3. ELIGIBILITY AND ENTRY**

- 3.1. Racing is open to windsurfers and monohull dinghies with a PY number more than 894 and less than 6.2 metres in overall length (including any bowsprit or similar contrivance when fully extended).
- 3.2. Competitors with boats that have a PY number less than 894 or a length greater than 6.2 metres may be given permission to sail in some specific races at the discretion of the sailing secretary.
- 3.3. Fast handicap races are open to those dinghies with a PY number of 1043 or less.
- 3.4. Slow handicap races are open to those with a PY number more than 1043.
- 3.5. Junior handicap races are open to those helms and crews who are under 19 on the 31st December in the current year.
- 3.6. Competitors must sign on legibly for each race using the paper signing on sheet posted by the race team on the desk outside the Race Office. Competitors who do not sign on are liable to be disqualified without a hearing. Boats in the same class competing in a race must carry a unique sail number, regardless of rig size. Requests for substitution of sail numbers shall be made to the Race Officer (RO). This changes RRS 77. The results of competitors in the same class of boat using duplicate sail numbers will not be recorded. Competitors are encouraged to display when possible the registered sail number of the boat they are racing. Competitors sailing in classes with a choice of rig size should indicate which rig they are using.

### **4. NOTICES TO COMPETITORS**

- 4.1. Notices to competitors will be posted on the notice board outside the Race Office or broadcast on Social media to all NCSC members no later than 6 hours before the first start.

### **5. CHANGES TO SAILING INSTRUCTIONS**

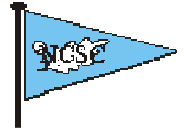
- 5.1. Any change to the sailing instructions will be posted on the notice board outside the Race Office at least 45 minutes before racing is due to commence, accompanied by Flag L hoisted on the clubhouse mast.

### **6. SCHEDULE OF RACES**

- 6.1. The Races scheduled in each series shall not be changed on the day by the RO except with the permission of the Sailing Secretary or two members of the Sailing Committee. Any changes shall be included in the RO's Report.
- 6.2. Races shall not be started before their scheduled start time.
- 6.3. Any amendment to the order of starting will be posted on the notice board outside the Race Office prior to the race.
- 6.4. See Black & White and Frostbite instructions below for Pursuit Race scheduling.

# Notts County Sailing Club

## Sailing Instructions for club series 2025



### 7. RACE AREA

- 7.1. The race area includes the whole lake, with the exception of the gap between Tern Island and the main shore (see map displayed near race office). Any boat sailing in this area may be disqualified.

### 8. COURSE

- 8.1. The course and the number of laps will be displayed on the side of the Committee Boat using mark numbers and letters on the course board. The background colour of each tile indicates the direction of rounding. (Green to Starboard, Red to Port)
- 8.2. The start line will also be a Gate at the end of each lap, designated G with a black background.
- 8.3. All marks on the course board will be rounding marks with the exception of the Gate (start) line which must be crossed from the direction of the course from the last rounding mark displayed.
- 8.4. If the RO changes the course before the warning signal Flag L shall be flown and the new course displayed.

### 9. MARKS

- 9.1. Marks are numbered 1 to 10 clockwise around the lake, being alternately yellow (odd numbers) and orange (even numbers). Mark 1 is adjacent to the clubhouse. Additional marks A (lime green & orange bands), T (red, white & blue bands) and X (green and white bands) may be positioned at any location on the lake. The Gate G (Start / Finish line) will always be a mark of the course.

### 10. THE START

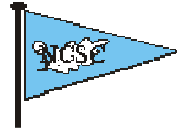
- 10.1. Races will be started at 3-minute intervals. This amends RRS 26. See Additional Instructions below for start sequences and flags used for each series.
- 10.2. The RO may choose to use I, Z, U or Black flags at the Preparatory signal in place of Flag P if circumstances warrant their use.

Note: Flag P  Flag I  Flag Z  Black  Flag U 

- 10.3. The Starting line will be between a staff displaying an orange shape on the committee boat and a yellow outer distance mark. This line also forms the gate to be passed through on all laps where the course display indicates G as a mark of the course. An inner distance mark may be used at the discretion of the RO. When used all boats must pass between the inner and outer distance marks to Start, go through the Gate and Finish the race.
- 10.4. Any fleet involved in a general recall will go to the end of the starting sequence. In this instance, the preparatory signal for a new start shall be made three minutes after the start signal for the last scheduled race start in the sequence. This changes RRS 29.2.
- 10.5. Individual recalls will be signalled by raising flag X with one extra sound signal. Flag lowered when recalled boats have returned and re-crossed the start line, or after 2 minutes. Competitors on the course side at the start signal restart according to the requirements of the preparatory flag flown in compliance with RRS 29.1 and 30.1.

# Notts County Sailing Club

## Sailing Instructions for club series 2025



### 11. THE FINISH

- 11.1. The static Finish line will be the Starting line or a boat displaying a blue flag and the nearest mark of the course. See Additional Instructions below for details of Pursuit finish.
- 11.2. The number of laps displayed on the course board determines the maximum length of the race.
- 11.3. In all races if Flag S and relevant fleet (Warning) flag(s) are hoisted it signifies that the finish line is open for boats from those fleets, and they will finish when next passing through the finish line. If Flag S is hoisted alone, boats from all fleets will be finished next time they cross the finish line.
- 11.4. The Race team may use a power boat to hail boats sailing behind the main body of the fleet in order to offer them a finishing position without needing to complete the race. The power boat will fly Flag W for this purpose. Competitors who accept will be given the next position behind boats already finished in their order round the course under this procedure.

### 12. TIME LIMITS

- 12.1. See Additional Instructions below for time limits which apply in each series.

### 13. PROTESTS AND REQUESTS FOR REDRESS

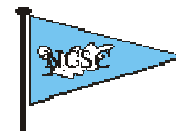
- 13.1. Forms for protests and requests for redress are available at the Race Office.
- 13.2. Any competitor intending to protest and/or request redress shall notify the RO of their intention as soon as practicable.
- 13.3. The time limit for the intent to protest to be notified to the Race Officer is within 30 minutes of the last boat finishing the race. The time limit for the completed protest form to be submitted by means agreed by the RO is within 2 hours of the last boat finishing the race.
- 13.4. The RO must attempt to convene a committee to hear protests on the day they are submitted and request parties to the protest to make themselves available for the hearing. If this is not possible the RO or designated chair of the committee will communicate the time and place of the hearing to all parties by email or other means agreed with individuals. (The email addresses of members can be obtained by logging in to the Club website and opening the Member Directory under Membership in the Portal).
- 13.5. Appendix T applies and the Advisory Hearing procedure of the RYA Rules Disputes Procedure can be requested. For these purposes a post-race penalty of 20% can be accepted although the final position of a penalised boat shall be no worse than if she had retired. At an informal hearing, rules 60.3(a) & 63.4 RRS shall not apply.

### 14. SCORING

- 14.1. All handicap races (except Pursuit) will be average lap scoring using the current PY handicaps published by the RYA.
- 14.2. The results of visiting helms and crews will be discarded from the Helm and Crew series respectively and remaining finishing positions decreased accordingly. In double handed classes the results of members helming or crewing with a visitor will stand in their respective series. Note the club constitution limits the number of days and races a visitor may attend to 3 & 6 per year respectively.
- 14.3. The low point scoring system of Appendix A 5.3 will apply.  
[DNS, NSC, DNF, RET, OCS, BFD, UFD and DSQ, - score as the number of starters + 1 in that race. DNC - score as number of entries in the series.]

# Notts County Sailing Club

## Sailing Instructions for club series 2025



- 14.4. In average lap racing no boat of the same class, or boat with a higher PY number, shall be beaten by a boat with a lower PY number that has completed fewer laps. That boat or boats shall have their average lap time increased to 1 second more than the boat completing more laps.
- 14.5. See Additional Instructions below for scoring formulas applicable to each series.
- 14.6. In **Junior** series races only **one** boat must rank as a starter for the result to be counted towards the series. [See RRS 90.3(a)]
- 14.7. For all **other** series **two** or more boats must rank as starters (ie on the water in the vicinity of the start line at the time of the race start signal) for their results to be counted towards the series.
- 14.8. Any queries on results should be submitted to the results coordinator promptly and in any case within three weeks of the results being published on the NCSC website. After that the published results will stand.

### 14. PRIZES

- 14.7. Prizes will be awarded to the first three helms and first three crews in each series.
- 14.8. If there are fewer than 10 competitors in a series, fewer prizes may be awarded at the discretion of the Sailing secretary.
- 14.9. In the Saturday Stanier race series, separate prizes will be awarded to novice and experienced sailors. A novice is defined as any sailor who has raced for five years or less and never previously won a prize in any series other than a Junior one.
- 14.10. For all racing series a Junior is classified as a person under the age of 19 as of the 31<sup>st</sup> December in the current year.
- 14.11. Additional prizes may be awarded as follows and will be allocated by the sailing committee:
  - 14.11.1. Beaumont Endeavour trophy - the junior who has shown most determination and improvement through the sailing season.
  - 14.11.2. George Boot memorial trophy- the person who had shown most improvement and determination through the sailing season.
  - 14.11.3. Jack North Endeavour Award - a windsurfer who has competed regularly and progressed in racing.
  - 14.11.4. RS400 Silver fleet - the highest placed boat that has not won a race that year.
  - 14.11.5. Scorpion Pop-Gun - awarded to the Scorpion sailor who has "gone the extra mile" in the year.
  - 14.11.6. Scorpion Silver fleet – the highest placed boat that has not won a race.

### 15. OUTSIDE ASSISTANCE

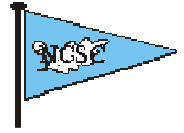
- 15.7. Rescue crews are permitted to assist helms who are struggling to right their boat after a capsize. The crew may stand by until it is apparent that assistance is required and then may assist in righting the vessel. Helms may then continue to race as the capsize is viewed as sufficient penalty. This changes RRS 41.
- 15.8. See Instructions below for Stanier and Tuesday Evening series.

### 16. CAMERAS AND TRACKING DEVICES

- 16.7. Subject to class rules, recording cameras and tracking devices are permitted but the data from such devices must not be accessed on board when racing.

# Notts County Sailing Club

## Sailing Instructions for club series 2025



### 17. SAFETY REGULATIONS

- 17.7. See section 2.6, Signing on for race entries.
- 17.8. Any boat that retires from a race is requested to notify a member of the Race Team as soon as possible.
- 17.9. Competitors shall wear adequate personal buoyancy. This shall be at least a waistcoat-type buoyancy aid, appropriate to body weight and in serviceable condition. Adult (over 18 years) windsurfers correctly wearing a torso or full body wet suit may choose not to wear a buoyancy aid at their own risk. This changes RRS 40.

### 18. EQUIPMENT OR MEASUREMENT CHECKS

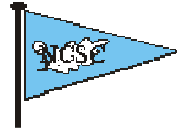
- 18.7. NCSC encourages all sailors to be members of their respective Class Associations.
- 18.8. RRS 87 will apply. NCSC has not applied to any class association to be exempt from any class association rules.
- 18.9. Penalties for breaches of class association rules shall be at the discretion of the protest committee and will range from no penalty to disqualification.
- 18.10. For ILCA (Laser) Class racing Rooster Laser replacement sails (reference Rooster Sailing Limited) are permitted.

### 19. RISK & LIABILITY

- 19.7. Competitors compete in the racing entirely at their own risk (RRS 3). The organising authority does not accept any liability for material damage or personal injury, or death sustained in conjunction with, prior to, during or after the races.
- 19.8. RYA approved RISK STATEMENT in relation to racing:  
Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
  - 1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
  - 2. They are responsible for the safety of themselves, their crew, their boat, and their other property whether afloat or ashore.
  - 3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
  - 4. Their boat is in good order, equipped to sail in the event and they are fit to participate.
  - 5. The provision of a race management team, patrol boats if any and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
  - 6. The provision of patrol boat cover if any is limited to such assistance, particularly in extreme weather conditions, as can be provided in the circumstances.
  - 7. It is their responsibility to familiarise themselves with any risks specific to the venue or a particular event drawn to their attention in any rules or information produced for the venue or event and to attend any competitor briefing held for the event.

# **Notts County Sailing Club**

## **Sailing Instructions for club series 2025**



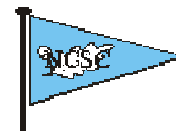
- 20.3. Parents or guardians of sailors aged under eighteen on 1st March 2025 who allow them to compete in club races accept that their sailors are entirely responsible throughout the event for themselves and their boats on land and on the water. If parents or guardians are not available at the club, they must appoint loco parentis for the period their sailors attend.

### **20.INSURANCE**

- 20.7. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000.

# Notts County Sailing Club

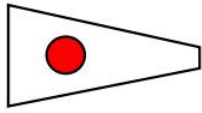
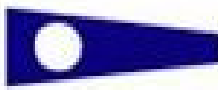



## Sailing Instructions for club series 2025



### 21. BLACK AND WHITE SERIES HANDICAP RACE

21.7. **Start time:** Scheduled for 11.00.

21.8. **Start sequence**

Time	Flags UP	Flag Image	Flags DOWN	Start
-6 min	Fast Handicap warning (1),			
-3 min	Slow Handicap warning (2) Preparatory flag (P)*	 		
0 min	Junior warning (6)		Fast Handicap warning	Fast Handicap
+3 min	Windsurfer warning (R)		Slow Handicap warning	Slow Handicap
+6 min			Junior warning	Junior
+9 min			Windsurfer warning, Preparatory	Windsurfer

\* - P flag as default. I, Z, U or black flag may be used at RO's discretion

21.9. **Finish:** Static finish line and procedures as detailed in Section 11. Recommended race durations are given in Race team guide.

21.10. **Time limit:** From the time when the **first finishers** from **all 3** dinghy fleets have finished there is a limit of 30 minutes. (i.e. from the last of the Fast, Slow and Junior leader's finish times). Boats not finishing within that time period will be scored DNF. This changes RRS 35.

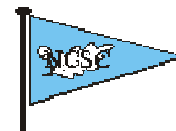
21.11. **Scoring:** Fast & Slow start results are combined into one overall race result. Handicap and Pursuit results both count in the series.

21.12. **Series Scoring:** The number of races to count will be the number of races in which two or more boats registered a score other than DNC, divided by 2, plus 1, rounded up to the next whole number.



# Notts County Sailing Club





## Sailing Instructions for club series 2025



### 23. BLACK AND WHITE SERIES PURSUIT RACE

22.7. **Start time:** Scheduled for 13.15.

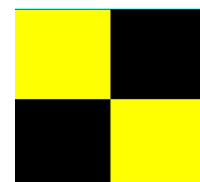
22.8. **Start sequence**

Time & Number board displayed	Flags UP & Sound signal	Flag Image	Flags DOWN	Start
-15 min	Junior warning (6)			Hansa & Liberty class boats
-12 min	Windsurfer warning (R) & Preparatory (P)	 		
-9 min			Junior warning	Junior Handicap & Topper Pursuit
-6 min	Handicap warning (H)		Windsurfer warning	Windsurfer
-3 min				
-1 min				Feva Pursuit
0 min			Handicap warning	See latest Pursuit start times list published by Sailing Secretary
+30 sec	Every 30 sec			
+1 min to + 22 min	Every minute		Preparatory	

All above Timing points accompanied with one longer sound signal. Number board scrolled to display the corresponding countdown time starting at -15 and including -1. After 0 min a short signal sounds every 30 seconds and a longer signal sounds every minute. Number board scrolled every minute until sequence complete.

The Hansa & Liberty Sailability class boats can start the Pursuit race at the -15 sound signal. Toppers & Fevas who sign on to take part in the Pursuit start on -9 and -1 minute respectively.

22.9. **Wind conditions:** If wind conditions are very strong or very light the Race Team can change the Pursuit start to handicap starts with the permission of the Sailing Secretary or two members of the Sailing Committee (see 6.1). Flag L is flown from the Club Mast at least 20 minutes before the Warning Signal to denote this change. The start sequence is then as for the morning Handicap race and the "Fast" and "Slow" handicap results are scored as one fleet.



22.10. **Individual recall:** X flag raised with one extra sound signal. Flag lowered when recalled boats have returned and re-crossed the start line, or after 20 seconds.

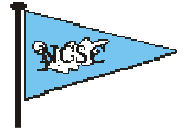
22.11. **General recall:** First Substitute flag raised with two extra sound signals. Recalled fleet start 1 minute later and flag lowered.

22.12. **Pursuit duration & Finish:** One long sound signal at **80** minutes after 0 signal. Competing boats must hold position relative to one another. Mobile finish line formed between two power boats, one displaying a blue flag, travels past the leader and back



# Notts County Sailing Club

## Sailing Instructions for club series 2025



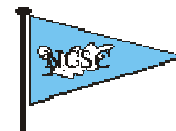
down the course to the end of the finishers, recording positions.

22.13. **Windsurfer and Junior Finishes:** Static finish line and shortened course procedure to give recommended race durations according to section 12.

22.14. **Series Scoring:** See 22.5 & 22.6

# Notts County Sailing Club


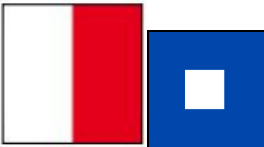






## Sailing Instructions for club series 2025



### 23. SUNDAY MAIN FLEET SERIES RACES

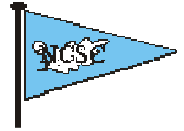
23.7. **Start times:** Morning scheduled for 11.00, Afternoon scheduled for 13.15.

23.8. **Start sequence**

Time	Flags UP	Flag image	Start, Flags DOWN
-6	RS400 warning		
-3	Menagerie warning (H & preparatory (P))*		
0	Scorpion warning (2)		RS400 warning
+3	Aero warning		Menagerie warning
+6	ILCA warning		Scorpion warning
+9	Solo warning		Aero warning
+12	Junior warning (6)		ILCA warning
+15	Windsurfer warning (R)		Solo warning
+18	Recalled fleet warning flag (if required)		Junior warning
+21	Preparatory flag		Windsurfer warning & preparatory flag
+24			Recalled Fleet, warning & preparatory flags

# Notts County Sailing Club

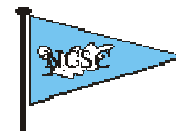
## Sailing Instructions for club series 2025



- 23.9. **Juniors Signing on:** Juniors may sign on and start with the Menagerie Handicap fleet or the start for their class. In this case they must sail the full race duration as the rest of that fleet.
- 23.10. **Finish:** Static finish line and procedures as detailed in Section 11. Recommended race durations are given in Race team guide. Boats racing in classes (RS400, Scorpion, Aero 9, Aero 7, Aero 6, Aero 5, ILCA 7, ILCA 6, ILCA 4 must finish on the same lap as the leader (see 25.5).
- 23.11. **Time limits, Class racing:** In Class racing the Gate Finish line will be closed 30 minutes after the leading boat in that class has finished. Boats not finishing within that time period will be scored DNF.
- 23.12. **Time limits, Handicap racing:** For Windsurfers, Menagerie fleet and Juniors the Gate Finish line will be open for a maximum of 30 minutes from the **first finisher** in each start. Section 14.4 (Average lap scoring) applies. Boats not finishing within that time period will be scored DNF.
- 23.13. **Results, ILCA & Aero Handicap:** The combined results for the 3 ILCA rigs and the 4 Aero rigs are calculated as an overall Handicap.
- 23.14. **Series Scoring:** There are two series, Early Summer and Late Summer, running on dates shown in the club calendar. The number of races to count in each series for each fleet will be the number of races in which two or more boats registered a score other than DNC, divided by 3, plus 1, rounded up to the next whole number.
- 23.15. **Menagerie Scoring:** Any boat with a Class status starting in the Menagerie class start will be scored as DNC.

# Notts County Sailing Club




## Sailing Instructions for club series 2025



### 24. WADSWORTH HANDICAP SERIES RACE

24.7. **Start times:** Scheduled for 15.15 and no later than 16.00.

#### 24.8. Start sequence

Time	Flags UP	Flag Image	Flags DOWN	Start
-6 min	Handicap warning (H),			
-3 min	Windsurfer warning (R) Preparatory flag (P)	 		
0 min			Handicap warning	Handicap
+3 min			Windsurfer warning Preparatory	Windsurfer

24.9. **Finish:** Static finish line and procedures as detailed in Section 11. Recommended race durations are given in Race team guide.

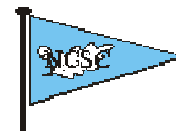
24.10. **Time limit:** The Gate Finish line remains open for 30 minutes after the **first finishers** from each start. Boats not finishing within that time period will be scored DNF. This changes RRS 35.

24.11. **Results:** Juniors results are included in the handicap fleet but noted in a Junior series.

24.12. **Series Scoring:** The number of races to count in the series for each fleet will be the number of races in which two or more boats registered a score other than DNC, divided by 3, plus 1, rounded up to the next whole number.

# Notts County Sailing Club


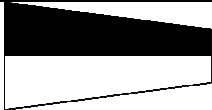


## Sailing Instructions for club series 2025



### 25. STANIER SERIES SATURDAY HANDICAP RACE

25.7. **Start time:** Scheduled for 14.15. 2nd race immediately after first is complete.

#### 25.8. **Start sequence**

Time	Flags UP	Flag Image	Flags DOWN	Start
-6 min	Adult handicap warning (H)			
-3 min	Junior warning (6) Preparatory flag (P)	 		
0 min	Windsurfer warning (R)		Adult handicap warning	Adult handicap
+3 min			Junior warning	Junior
+6 min			Windsurfer warning, Preparatory	Windsurfer

25.9. **Finish:** Static finish line and procedures as detailed in Section 11. Recommended race durations are given in Race team guide.

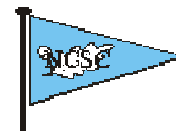
25.10. **Time limit:** From the time when the **first finishers** from the Adult handicap, Junior and Windsurfer fleets have **all** finished there is a limit of 30 minutes. (IE from the last of the Adult handicap, Junior and Windsurfer leader's finish times). Boats not finishing within that time period will be scored DNF. This changes RRS 35.

25.11. **Series Scoring:** The number of races to count in the series for each fleet will be the number of races in which two or more boats registered a score other than DNC, divided by 3, plus 1, rounded up to the next whole number.

25.12. **Coaching:** In accordance with the overall principles of Rule 41(c) and (d), an RYA coach is permitted on the water in a power boat to assist less experienced sailors during each race. The power boat crew may offer advice to competitors in the race who need help to overcome a manifest problem or improve their sailing performance at the time. The coach will adhere to coaching principles and behaviours as required under Rule 2, Fair Sailing. No other coaching support teams are permitted on the water during racing.

# Notts County Sailing Club

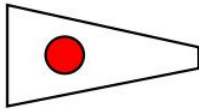


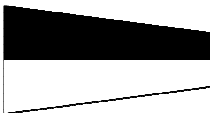
## Sailing Instructions for club series 2025



### 26. STARBOARD SERIES THURSDAY EVENING HANDICAP RACE

26.7. **Start time:** Scheduled for 19.00.

#### 26.8. Start sequence

Time	Flags UP	Flag Image	Flags DOWN	Start
-6 min	Fast Handicap warning (1)			
-3 min	Slow Handicap warning (2) Preparatory flag (P)*	 		
0 min	Junior warning (6)		Fast warning      Handicap	Fast Handicap
+3 min			Slow Handicap warning	Slow Handicap
+6 min			Junior warning, Preparatory	Junior

\* - P flag as default. I, Z, U or black flag may be used at RO's discretion

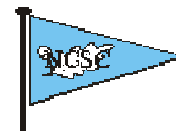
26.9. **Finish:** Static finish line and procedures as detailed in Section 11. Recommended race durations are given in Race team guide.

26.10. **Time limit:** From the time when the **first finishers** from **all 3** starts have finished there is a limit of 30 minutes. (IE from the last of the Fast, Slow and Junior leader's finish times). Boats not finishing within that time period will be scored DNF. This changes RRS 35.

26.11. **Series Scoring:** The number of races to count in the series for each fleet will be the number of races in which two or more boats registered a score other than DNC, divided by 3, plus 1, rounded up to the next whole number. If there are fewer than 13 races it will be the number of races in which two or more boats registered a score other than DNC, divided by 2, rounded up to the next whole number.

# Notts County Sailing Club



## Sailing Instructions for club series 2025



### 27. TUESDAY SERIES EVENING HANDICAP RACES

27.7. **Start time:** Scheduled for 19.00. 2nd race immediately after first is complete.

27.8. **Start sequence (Single start)**

Time	Flags UP	Flag Image	Flags DOWN	Start
-6 min	Handicap warning (H)			
-3 min	Preparatory flag (P)			
0 min			Handicap warning, Preparatory	Handicap

27.9. **Finish:** Static finish line and procedures as detailed in Section 11. Recommended race durations are given in Race team guide.

27.10. **Time limit:** From the time when the **first finisher** has finished there is a limit of 30 minutes. Boats not finishing within that time period will be scored DNF. This changes RRS 35.

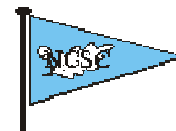
27.11. **Series Scoring:** The number of races to count in the series for each fleet will be the number of races in which two or more boats registered a score other than DNC, divided by 3, plus 1, rounded up to the next whole number. If there are fewer than 13 races sailed it will be the number of races in which two or more boats registered a score other than DNC, divided by 2, rounded up to the next whole number.

27.12. **Coaching:** Experienced sailors are permitted to offer advice to Novices during the races to assist when they are seen to be in need of help. Continuous coaching to give a racing advantage is not permitted. This changes RRS 41.



# Notts County Sailing Club

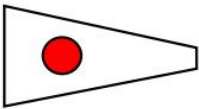
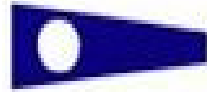

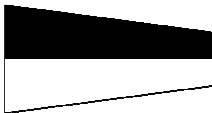

## Sailing Instructions for club series 2025



### 28. FROSTBITE (Oakleaf) SERIES HANDICAP RACE

28.7. **Start time:** Scheduled for 11.00 except for the last scheduled race in the series, scheduled immediately after the finish of the Frostbite Pursuit race.

#### 28.8. Start sequence

Time	Flags UP	Flag Image	Flags DOWN	Start
-6 min	Fast Handicap warning (1),			
-3 min	Slow Handicap warning (2) Preparatory flag (P)*	 		
0 min	Junior warning (6)		Fast warning      Handicap	Fast Handicap
+3 min	Windsurfer warning (R)		Slow Handicap warning	Slow Handicap
+6 min			Junior warning	Junior
+9 min			Windsurfer warning, Preparatory	Windsurfer

\* - P flag as default. I, Z, U or black flag may be used at RO's discretion

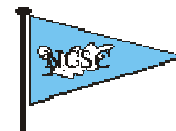
28.9. **Finish:** Static finish line and procedures as detailed in Section 11. Recommended race durations are given in Race team guide.

28.10. **Time limit:** From the time when the **first finishers** from **all 3** dinghy starts have finished there is a limit of 30 minutes. (IE from the last of the Fast, Slow and Junior leader's finish times). Boats not finishing within that time period will be scored DNF. This changes RRS 35.

28.11. **Series Scoring:** Fast & Slow start results are separate series. The number of races to count will be the number of races in which two or more boats registered a score other than DNC, divided by 3, plus 1, rounded up to the next whole number.

# Notts County Sailing Club





## Sailing Instructions for club series 2025



### 29. FROSTBITE SERIES PURSUIT RACE

29.7. **Start time:** Scheduled for 13.15 except for the last scheduled race in the series, scheduled for 11.00.

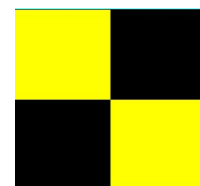
#### 29.8. Start sequence

Time & Number board displayed	Flags UP & Sound signal	Flag Image	Flags DOWN	Start
-15 min	Junior warning (6)			Hansa & Liberty class boats
-12 min	Windsurfer warning (R) & Preparatory (P)	 		
-9 min			Junior warning	Junior Handicap & Topper Pursuit
-6 min	Handicap warning (H)		Windsurfer warning	Windsurfer
-3 min				
-1 min				Feva Pursuit
0 min			Handicap warning	See latest Pursuit start times list published by Sailing Secretary
+30 sec	Every 30 sec			
+1 min to + 22 min	Every minute		Preparatory	

All above Timing points accompanied with one longer sound signal. Number board scrolled to display the corresponding countdown time starting at -15 and including -1. After 0 min a short signal sounds every 30 seconds and a longer signal sounds every minute. Number board scrolled every minute until sequence complete.

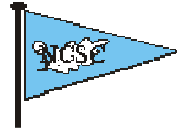
The Hansa & Liberty Sailability class boats can start the Pursuit race at the -15 sound signal. Toppers & Fevas who sign on to take part in the Pursuit start on -9 and -1 minute respectively.

29.9. **Wind conditions:** If wind conditions are very strong or very light the Race Team can change the Pursuit start to handicap starts with the permission of the Sailing Secretary or two members of the Sailing Committee (see 6.1). Flag L is flown from the Club Mast at least 20 minutes before the Warning Signal to denote this change. The start sequence is then as for the morning Handicap race and the "Fast" and "Slow" handicap results are scored as one fleet.



# Notts County Sailing Club

## Sailing Instructions for club series 2025



- 29.10. **Individual recall:** X flag raised with one extra sound signal. Flag lowered when recalled boats have returned and re-crossed the start line, or after 20 seconds.
- 29.11. **General recall:** First Substitute flag raised with two extra sound signals. Recalled fleet start 1 minute later and flag lowered.
- 29.12. **Pursuit duration & Finish:** One long sound signal at **80** minutes after 0 signal. Competing boats must hold position relative to one another. Mobile finish line formed between two power boats, one displaying a blue flag, travels past the leader and back down the course to the end of the finishers, recording positions.
- 29.13. **Series Scoring:** The number of races to count will be the number of races in which two or more boats registered a score other than DNC, divided by 3, plus 1, rounded up to the next whole number.