

# Notts County Sailing Club – NCSC

## Regatta 2025 - Sailing Instructions

### 1. RULES

- 1.1. The regatta will be governed by ‘the rules’ as defined in the Racing Rules of Sailing 2025-2028.
- 1.2. The rules of Nottinghamshire County Sailing Club will apply unless changed by these Sailing Instructions.
- 1.3. All competitors are required to compete in compliance with the RYA Racing Charter.
- 1.4. The event will be designated category C in accordance with ISAF Reg. 20

### 2. NOTICES FOR COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located in the clubhouse conservatory.

### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted on the notice board outside the race office no later than 30 minutes before the start of scheduled racing on the day it will take effect.

### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flagpole near the race office.
- 4.2. When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 15 minutes’ in race signal AP.

### 5. SCHEDULE OF RACES

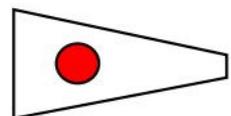
- 5.1. The earliest start time for the race will be published in the Notice of Race.
- 5.2. Two races for the Commodores cup are scheduled to be held each day. Notices for the Regatta Novice cup and other races will be posted & announced each day.

### 6. COMMODORE’S CUP FLAGS & START INTERVALS

- 6.1. Windsurfer Warning signal will be Flag R (Red with yellow cross)



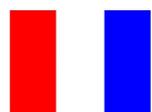
- 6.2. Fast handicap fleet Warning signal will be Numeral 1 (White pennant with red circle)



- 6.3. Slow handicap fleet Warning signal will be Numeral 2 (Blue pennant with white circle)

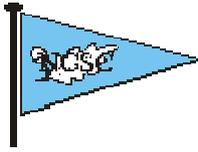


- 6.4. National 12 Vintage Warning signal will be Flag T (Red, White & Blue vertical)



- 6.5. Junior fleet Warning signal will be Numeral 6 (Black & White Pennant)





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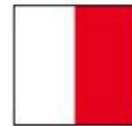
6.6. Races will be started at 3-minute intervals. This amends rule 26.

6.7. A fleet which has a general recall will go to the end of the starting sequence. In this instance, the preparatory signal for a new start shall be made three minutes after the preparatory signal for the last race in the sequence. This changes RRS 29.2.

6.8. Individual recalls will be signalled by raising flag X with one extra sound signal. Flag lowered when recalled boats have returned and re-crossed the start line, or after 2 minutes. Competitors on the course side at the start signal restart according to the requirements of the preparatory flag flown in compliance with RRS 29.1 and 30.1.

#### 7. NOVICE CHAMPIONSHIP FLAG

7.1. Novice Warning signal will be Flag H (White and red vertical)



#### 8. FAST / SLOW FLEET SPLIT

7.1. The PY number used to split dinghies into the Fast & Slow handicap starts will be announced no later than 30 minutes before the first race start once the entries have been assessed.

#### 9. SAFETY

9.1. Adequate personal buoyancy shall be worn at all times when afloat. This amends Rule RRS40. Neither a wet suit nor a dry suit constitutes adequate personal buoyancy

#### 10. COURSE

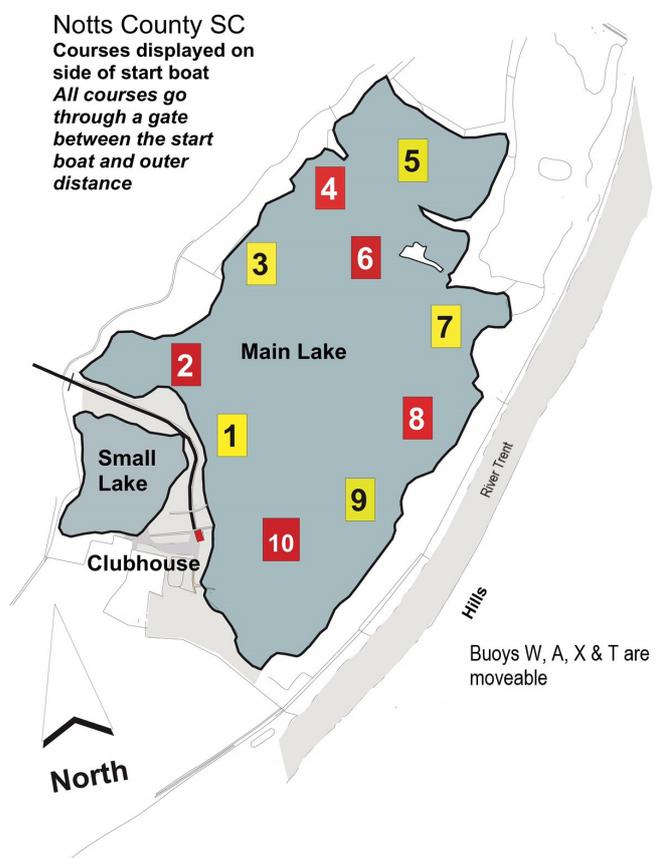
10.1. The Course will be displayed on the committee boat on a course board, which will display the number of laps, and the order and direction marks are to be rounded.

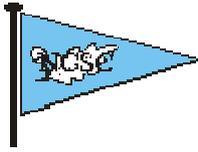
10.2. Letter G indicates a gate. The number on a black background indicates the number of laps.

10.3. The Race Officer may change the course before the warning signal by breaking out flag L and displaying the new course

10.4. All marks on the course board will be rounding marks with the exception of the Gate line which must be crossed from the direction of the course from the previous rounding mark displayed.

10.5. The race area includes the whole lake, with the exception of the small gap between the island and the main shore (see map between marks 6 & 7).





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#### 11. MARKS

- 11.1. Marks are numbered 1 to 10 clockwise around the lake, being alternately yellow (odd numbers) and orange (even numbers). Mark 1 is adjacent to the clubhouse.
- 11.2. Additional mark W (large orange inflatable) may be used and generally acts as the first windward mark.
- 11.3. Additional marks A (yellow & orange bands), T (red white and blue horizontal colours) and X (green and white check colours) may be positioned at any location on the lake.
- 11.4. The Gate G (start line) will always be a mark of the course.

#### 12. THE START

- 12.1. The starting line will be between a staff displaying an orange shape on the committee boat and a yellow hexagonal outer distance mark.

#### 13. THE FINISH

- 13.1. At the end of Average lap handicap races a blue flag will be flown on the committee boat to declare the finish line open and boats will finish when next passing through the start line.

#### 14. TIME LIMITS

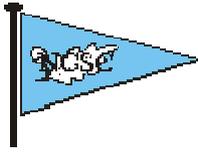
- 14.1. Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish unless they or any other boats behind them are given a position under SI 12.1 This alters rule 35.and A4.1. and A5.

#### 15. SUPPORT

- 15.1 While racing, except in an emergency, a competing boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all competitors.
- 15.2 Subject to class rules, recording cameras and tracking devices are permitted, provided that data from such devices cannot be accessed on board when racing
- 15.3 No Support teams, including all support persons and support person vessels will be permitted on the water during racing.

#### 16. SCORING

- 16.1. The low point scoring system of Appendix A 5.3 will apply. [*DNS, DNF, RET, NSC, OCS, BFD, UFD and DSQ, - score as the number of starters + 1 in that race. DNC - score as number of entries in the event.*]
- 16.2. Competitors who have retired from a race should sign the declaration sheet near the official notice board located in the clubhouse conservatory.
- 16.3. Commodore's cup discards: If 4 races are held: 1 discard, 3 or less races all scores to count.
- 16.4. Novice Championship: All race scores to count.



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#### **17. PROTESTS AND REQUESTS FOR REDRESS**

- 17.1.** Protest forms are available at the race office located just off the conservatory at the front of the clubhouse.
- 17.2.** The time limit for protests is within 30 minutes of the last boat finishing the last race of the day or when the race committee signals no more racing today, whichever is later.
- 17.3.** Protest hearing times will be posted at least 15 minutes before the time of the protest hearing to inform all parties and witnesses.
- 17.4.** On the last day of racing, any request to re-open a hearing shall be made within 30 minutes of the party requesting the re-opening being informed of the protest committee decision. This changes rule 66.
- 17.5.** The Advisory Hearing and RYA Arbitration procedures of the RYA Rules Disputes Procedure will be available. For these purposes an exoneration penalty of 20% shall apply although the final position of a penalised boat shall be no worse than if she had retired. At an informal hearing rules 61.2, 63.5, 63.6 RRS shall not apply.

#### **18. REPLACEMENT OF CREW OR EQUIPMENT**

- 18.1.** All boats shall compete under their registered sail number. Requests for substitution of sail numbers shall be made to the Race Officer. This changes RRS 77

#### **19. RISK STATEMENT**

- 19.1.** Competitors compete in the racing entirely at their own risk (RRS 4). See section 11 in NOR detailing Risk Statement which applies for this event.

#### **20. INSURANCE**

- 20.1.** Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000.

#### **21. RIGHTS TO USE NAMES & LIKENESSES**

- 20.1** Competitors and / or their Guardians automatically grant to the organising Authority (and any party to which they may delegate this right), without payment the right in perpetuity to make, use and show (including via the internet), motion pictures, still pictures or other form of media, of the event.

John Sears

NCSC Sailing Secretary 21<sup>st</sup> May 2025